# MGH-Long Stay ICU Program

### LSP Program

At MGH we deliver great care, inspired by our community. We are proud to be one of two hospitals in the GTA funded for a 6-bed unit to care for long-stay ICU patients, known as the Long-Stay ICU Program (LSP). The goal of our program is to provide higher-level interdisciplinary rehabilitation within a critical care setting.

## Care in the LSP unit

Once transferred to our long-stay unit, the patient and family will meet with our interprofessional team to complete an initial assessment. The team will work with the patient to create a care plan for their rehabilitation journey.



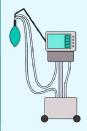
#### **LSP Goals**



improve physical mobility and activity



enhance patient communication using a variety of tools



reduce dependence on mechanical respiratory support



optimize prescribed medications



boost nutritional support



focus on patient and family psychosocial well-being

#### LSP ICU Team

- ICU Physicians
- Clinical Utilization Coordinator
- Clinical Educator
- Respiratory Therapists
- Registered Nurses
- Dietitian
- Pharmacist
- Speech Language Pathologist
- Physiotherapists
- Physiotherapy assistants
- Social Worker
- Personal Support Workers

## Transitioning from LSP

When a patient's condition improves they could be transferred to a medical unit or other care facility to continue on their road to recovery.

This could include medical wards, rehab facilities (such as our Progressive Weaning Centre), complex continuing care and long term ventilation centres.

In some cases patients may also be discharged home with home care services to support any ongoing needs.

#### **Contact**

Clinical Utilization Coordinator Melanie Liavas Phone: 416-671-5716 email: Melanie.Liavas@tehn.ca

Visit our homepage at: https://www.tehn.ca/programsservices/medicine/critical-care

