## **CHILDREN BEREAVEMENT RESOURCES**

#### **Bereaved Families of Ontario – Toronto**

Address: 250 Merton Street Toronto, Ontario, M4S 1B1 T. 416-440-0290

Email: info@bfotoronto.ca

Website: <u>Inspiring Hope and Healing in Grief | BFO-Toronto (bfotoronto.ca)</u>
Offers individual counselling and bereavement support programs for children,

youth and adults.

#### Dr. Bob Kemp Hospice

Address: 277 Stone Church Road East Hamilton, Ontario L9B 1B1

Phone: 905-387-2448 ext. 2205

Email: kemp.hospice@kemphospice.org

Website: Support For Children, Youth & Family - Kemp Care Network

(kemphospice.org)

Offers free grief support programs and individual counselling for children and youth aged 7 -17. Although this agency is located in Hamilton, they offer virtual options.

#### **Hospice Vaughan**

Phone: 905-850-6266 ext. 203 or ext. 221

Email: info@hospicevaughan.com

Website: Our Offerings | Hospice Vaughan

Offers individual counselling, support groups and community events.

#### Philip Aziz Centre and Emily House - Grief and Bereavement Program

Address: 558 Gerrard Street East Toronto, Ontario M4M 1X8

Phone: 416-363-9196

Email: info@philipazizcentre.ca

Website: Grief and Bereavement Support - Philip Aziz Centre & Emily House

(paceh.ca)

Offers a variety of free grief and bereavement programs for children and adults

#### The Lighthouse for Grieving Children and Families

Address: 2522 Rebecca Street, Oakville, ON, L6J 6N8

Phone: 905-337-2333

Email: info@lighthousegriefsupport.org

Website: <u>Home - Lighthouse For Grieving Children (lighthousegriefsupport.org)</u>
Offers free, grief support programs for children, youth, and their families. Support

groups available in-person and online

#### **Camp Keaton Hamilton**

Address: 277 Stone Church Rd. East

Phone: 905-387-2448

Website: https: Camp Keaton - Kemp Care Network (kemphospice.org)

Camp Keaton Hamilton is a no-fee annual bereavement camp for children and teenagers, ages 7 – 17 years, who have experienced the death of a loved one.

Campers must live in the catchment area boundaries- Hamilton and surrounding

area, Oakville/Mississauga, Fort Erie/Niagara Falls, Guelph, Brantford.

#### **Yorktown Family Services**

Address: 2010 Eglinton Ave W, Suite 300. Toronto, Ontario M6E 2K3

Phone: 416-394-2424

Email: maureen@yorktownfamilyservices.com

Inquiries for ages 6-18, contact: DanielleC@yorktownfamilyservices.com Inquiries for family events, contact: PaulK@yorktownfamilyservices.com

Website: Growing With Grief - Yorktown Family Services

Offers a variety of free individual and family bereavement support groups to those experiencing grief related to the death or dying of a parent, sibling, or inhome caregiver.

# **HELPLINES**

#### **Kids Help Phone**

• Call: 1-800-668-6868

• Text: CONNECT to 686868

• Available 24/7

#### **LGBT Youthline**

• Call 1-800-268-9688

• Text: 647-694-4275

• For youth, available Sunday-Friday, 4pm-9:30pm

### **Naseeha Youth Helpline**

• Call or text: 1-866-627-3342

• For young Muslims to receive anonymous support. Available 7 days a week, 12pm-midnight

### **Hope for Wellness Help Line**

• Call: 1-855-242-3310

• For Indigenous people ages 12 and up

# **CHILDREN'S GRIEF MODULES AND READINGS**

#### **Canadian Virtual Hospice**

- Kids Grief
- Youth Grief | When someone close to you dies, everything can feel different.

  It's hard to find people who "get it," so Youthgrief.ca was created with and
  for grieving youth, so you know you're not alone.

#### **Dougy Center**

- Grief Support for Children | Dougy Center
- Grief Support for Teens | Dougy Center

### **Children and Youth Grief Network (CYGN)**

- Email: info@childrenandyouthgriefnetwork.com
- Website: <u>Children and Youth Grief Network CA | Education Support Resources</u>
- Offers resources for parents and educators supporting children who have experienced a death