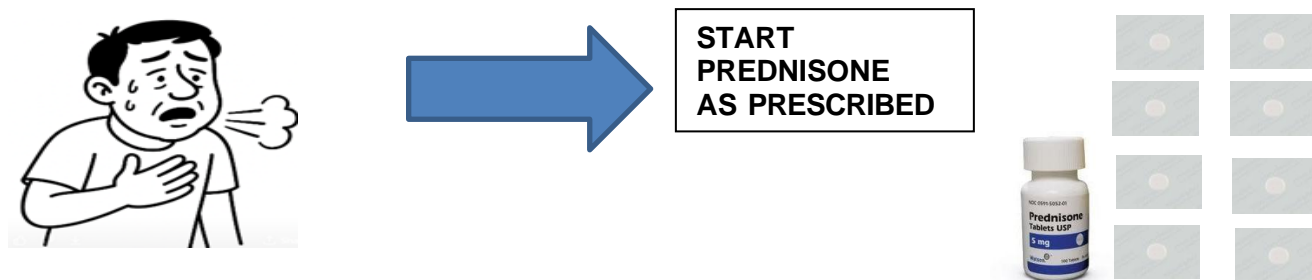


COPD Action Plan

1. IF YOU ARE COUGHING MORE THAN NORMAL WITH NEW YELLOW / GREEN MUCUS



2. IF YOU ARE MORE SHORT OF BREATH or MORE WHEEZY THAN NORMAL



3. IF YOU ARE VERY SHORT OF BREATH (e.g. TALKING OR WALKING ACROSS THE ROOM)
SEE A DOCTOR, GO TO THE EMERGENCY ROOM, or CALL 911.

