

What you  
give to the  
east stays  
in the east.

**2018/2019  
Annual Report**

A year of caring for our community.



**the  
heart  
of the  
east**



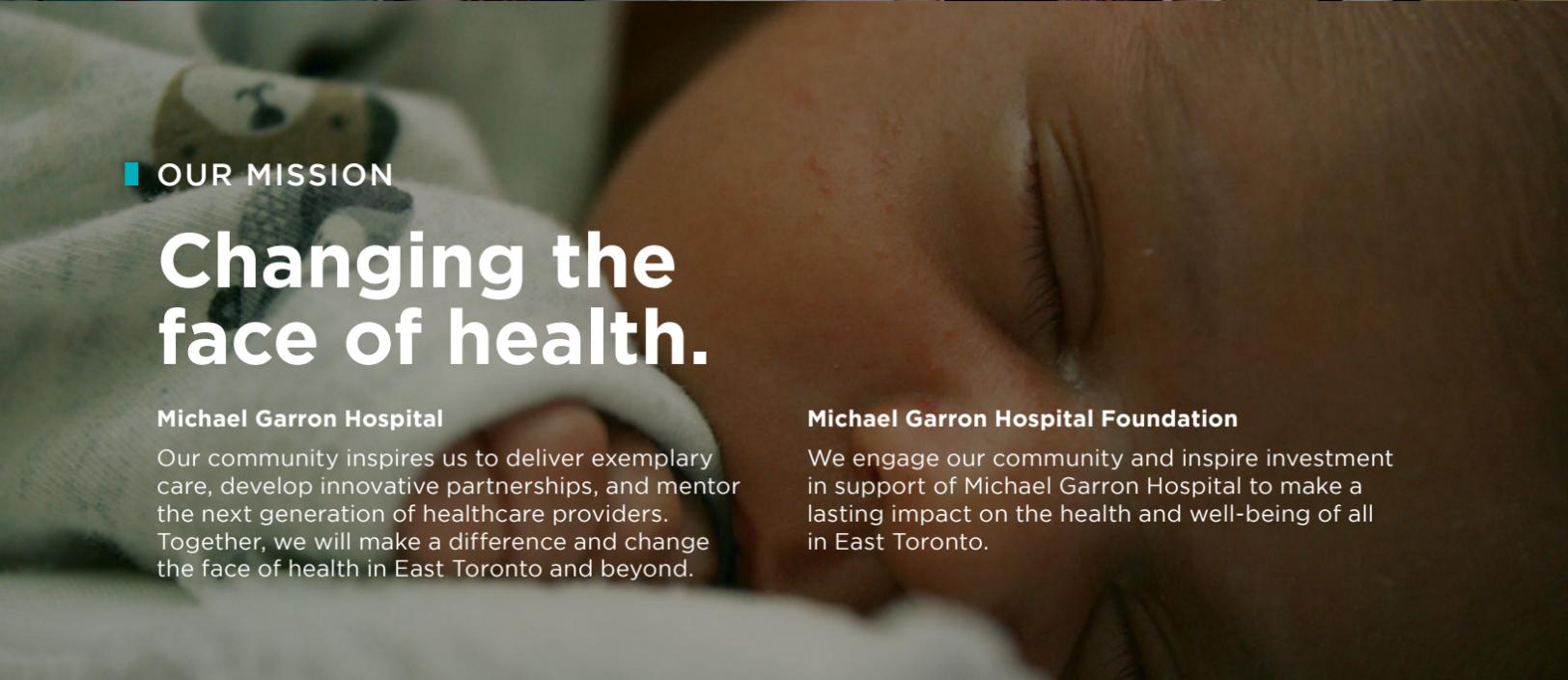
**MICHAEL  
GARRON  
HOSPITAL**

**TORONTO EAST HEALTH NETWORK**



■ OUR VISION

# Create Health. Build Community.



■ OUR MISSION

## Changing the face of health.

### Michael Garron Hospital

Our community inspires us to deliver exemplary care, develop innovative partnerships, and mentor the next generation of healthcare providers. Together, we will make a difference and change the face of health in East Toronto and beyond.

### Michael Garron Hospital Foundation

We engage our community and inspire investment in support of Michael Garron Hospital to make a lasting impact on the health and well-being of all in East Toronto.



■ OUR VALUES

## Compassion Integrity Courage Accountability

# A message from our leaders

Michael Garron Hospital is the heart of East Toronto. We're there for our community, young and old, to provide high-quality healthcare, making sure everyone can thrive.

Creating health by building community is what we do at Michael Garron Hospital. We're proud of our strong relationships with other organizations in East Toronto—spanning healthcare, social services, settlement services and others, and often dating back decades. These relationships allow us to deliver innovative programs to ensure everyone in our community can be as healthy as possible. We recognize that health is affected by many factors that we can't always treat in the hospital—circumstances like poverty, isolation, newcomer status, and other barriers.

Our relationships are also placing us at the forefront of the new Ontario Health Teams—part of the biggest healthcare reforms in Ontario in half a century. While other hospitals are currently building new partnerships, we're entering the future of healthcare from a position of strength.

Together with our donors and other supporters, we're transforming the way we bring health to our community through the redevelopment of our aging hospital. Work is well underway on the cornerstone of our project—the Ken and Marilyn Thomson Patient Care Centre, scheduled to open in 2022—and the revitalization of our hospital campus. We are also in the midst of the Heart of the East campaign, our

\$100-million fundraising effort in support of the \$500-million redevelopment project.

The Heart of the East campaign and our hospital's redevelopment will completely transform healthcare for Toronto's east end. That has a ripple effect that will result in a stronger, more prosperous community: because when people are healthy, everyone around them benefits.

In the pages that follow, you'll read about how we're bringing high-quality healthcare close to home for nearly a half million people in Toronto's east end. You'll learn about how we provide exceptional emergency care; how we're revitalizing the hospital's technology with cutting-edge equipment purchased through the generosity of donors like you; and how we're building partnerships that respond directly to the most pressing health issues affecting our community—like eliminating the barriers to mental health faced by our young people.

When you give to Michael Garron Hospital, you're making a gift not just to a hospital, but to everyone in East Toronto. Your generosity ensures we can provide excellent care to our vibrant, diverse community—no matter which neighbourhood you live in. Because what you give to the east stays in the east. Thank you for your support.



*Susan M. Armstrong*

Susan M. Armstrong  
Chair

*Sarah E. Downey*

Sarah Downey  
President & CEO

*Mitze Mourinho*

Mitze Mourinho  
President

*Eric Tripp*

Eric Tripp  
Chair

2018/2019

# Hospital & Foundation Highlights



2,421  
staff members



425  
physicians and  
midwives



525  
volunteers



80,490  
emergency visits



263,000  
outpatient visits



20,444  
inpatient stays/  
visits



2,524  
babies delivered



363  
inpatient beds



1 in 6 people in our  
community visits  
our emergency  
department each year



1 in 33 people in  
our community is  
admitted each year



Dr. Jarred Rosenberg, Physician

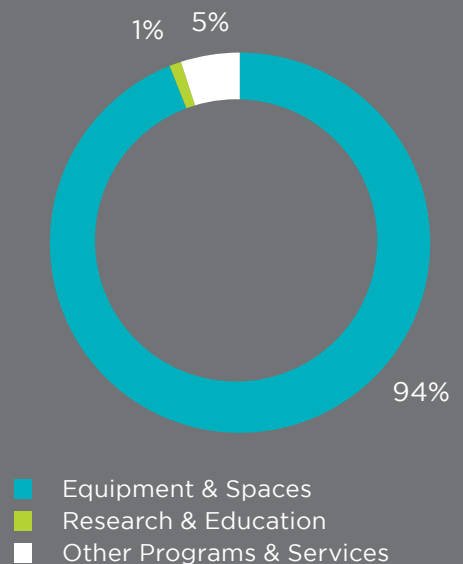


**\$11.2 million**

raised in 2018-2019

## Where your money goes

Grants to Michael Garron Hospital



### This year's grants include:

- major diagnostic imaging equipment including an MRI, CT scanner, and fluoroscopy machine
- portable ultrasounds for maternal newborn care and the emergency department
- reclining chairs for new parents in the special care nursery
- oncology treatment chairs
- a diabetes prevention program in Thorncliffe Park
- a blanket warmer for the emergency department

# Hospital Financial Highlights

for the Year Ended  
March 31, 2019

The following information is taken from Michael Garron Hospital/Toronto East Health Network's audited financial statements. Audited financial statements are available upon request.

## Statement of revenue and expenses (in \$ooo's)

	2019	2018
<b>Revenue</b>		
Government Agencies	237,417	225,032
Patient income	18,729	18,031
Other income	10,545	11,580
Other vote programs	7,829	7,155
Amortization of deferred contributions - equipment and building	3,518	3,171
Research	322	550
Interest income	481	194
	<b>278,841</b>	<b>265,713</b>
<b>Expenses</b>		
Salaries and wages	132,571	127,631
Employee benefits	34,986	31,808
Medical remuneration and reimbursement	19,156	17,525
Medical and surgical supplies	13,722	13,460
Drugs and medicines	9,546	9,533
Other supplies and expenses	40,475	38,348
Equipment and building amortization	14,590	14,101
Other votes programs	7,815	7,285
Research	322	550
	<b>273,183</b>	<b>260,241</b>
Excess (deficiency) of revenue over expenses	<b>5,658</b>	<b>5,472</b>

# Foundation Financial Highlights

for the Year Ended  
March 31, 2019

The following information is taken from Michael Garron Hospital Foundation's audited financial statements. Audited financial statements are available upon request.

## Statement of financial position

	2019	2018
<b>Assets</b>		
Cash	1,980,825	910,895
Short term investments	22,290,473	21,325,923
Accounts receivable	67,473	47,770
Prepaid expenses	292,580	68,925
	<b>24,631,351</b>	<b>22,353,513</b>
Capital assets	14,762	7,576
Long term investments	625,733	-
	<b>25,271,846</b>	<b>22,361,089</b>
<b>Liabilities</b>		
Current liabilities		
Accounts payable & accrued liabilities	398,704	377,079
Deferred revenue	469,130	84,500
	<b>867,834</b>	<b>461,579</b>
<b>Fund Balances</b>		
Invested in capital assets	14,762	7,576
Restricted	21,959,385	20,223,269
Unrestricted	2,429,865	1,668,665
	<b>24,404,012</b>	<b>21,899,510</b>

## Statement of revenue and expenses and changes in fund balances

	2019	2018
<b>Revenue</b>		
Donations and events	9,362,119	12,388,161
Bequests	1,326,726	647,378
Investment Income	494,115	218,153
	<b>11,182,960</b>	<b>13,253,692</b>
<b>Fundraising and administrative expenses</b>	<b>3,502,962</b>	<b>3,982,085</b>
<b>Excess of revenue over fundraising and administrative expenses before grants to Michael Garron Hospital and related parties</b>	<b>7,679,998</b>	<b>9,271,607</b>
Unrealized gains and (losses)	15,077	-
Grants to Michael Garron Hospital & related parties	(5,190,573)	(1,808,675)
<b>Excess of revenue over expenses</b>	<b>2,504,502</b>	<b>7,462,932</b>
<b>Fund balances, beginning of year</b>	<b>21,899,510</b>	<b>14,436,578</b>
<b>Fund balances, end of year</b>	<b>24,404,012</b>	<b>21,899,510</b>

As of March 31, 2019 the Foundation is holding \$17,558,083 in funds held for our redevelopment and to be transferred over as required.





# 1

## STRATEGIC DIRECTION

### Be excellent.

We provide excellent healthcare close to home for our East Toronto community. Being excellent means making compassionate decisions that are values- and evidence-based as well as patient-centered.

#### BY THE NUMBERS

Michael Garron Hospital has earned **24** leading practices since 2012 from Accreditation Canada, demonstrating its commitment to innovative practices in patient care and improving delivery of healthcare services.

Last year, **55** new community-based research studies were approved by the Michael Garron Hospital Research Ethics Board.

**92** per cent of patients participating in the Patient-Oriented Discharge Summary (PODS) pilot project in the inpatient surgery unit reported they felt confident managing their care at home.

Dr. Michael Hiscox, physician with Maeve, patient and Beach resident

## BETTER CARE, FASTER, THANKS TO THE GARRON FAMILY

Our emergency physicians order close to 10,000 CT scans each year. Until now, porters have had to move emergency department patients who require these scans to our busy Margaret Chambers Diagnostic Imaging Department and then back to the emergency department for care. Now, thanks to the generosity of Berna and Myron Garron, medical staff at Michael Garron Hospital are saving valuable time in assessing and treating critically ill or injured patients through diagnostic imaging when and where they need it most—right in the emergency department. Last year, a new CT scanner was installed in the emergency department to provide patients with a more accurate diagnosis and a quicker visit.



# Putting our heart into emergency care for our community

Through a new navigator program, Michael Garron Hospital is reducing wait times and bringing a more human experience to the Stavro Emergency Department.

An emergency hospital visit is usually associated with one thing: a long wait. But at Michael Garron Hospital, a new initiative is making sure patients and their families get in and out as quickly as possible—and in comfort—by placing navigators in the Stavro Emergency Department.

The Stavro Emergency Department is one of the busiest single-site locations in Ontario, with a new patient arriving every six minutes. Each year, one in six East Toronto residents visits the emergency department to receive urgent care.

Some of the newest members of the emergency department team have no healthcare background—by design.

“When we looked for patient navigators, we made a point of hiring people with customer service skills,” explains Dr. Kyle Vojdani, Interim Chief, Emergency Department and Medical Director, Emergency Services. “Our medical team is pre-occupied with providing quality patient care, while a non-clinician can just focus on a patient’s immediate, non-medical needs.”

Navigators create a supportive environment to help make what is often a stressful experience more comfortable—while making sure patients can get in and out of the emergency department as quickly as possible. The program began as a pilot project in 2017, and proved so valuable that it was made permanent last year. Navigators focus on patient flow: assigning and placing patients in rooms, ensuring tests are completed, following up on test results, flagging doctors when results are in, coordinating the paging of consultants and meeting many other patient needs.

According to Dawn Lee, one of Michael Garron Hospital’s five emergency

# Green Zone Waiting Room

During our busiest times, we may ask  
that visitors accompanying patients  
wait in the main waiting room near  
the emergency entrance.  
Your cooperation is appreciated.

Dawn Lee  
Emergency Department Navigator



department navigators, chief among those needs is communication. “Patients really appreciate knowing, for example, how long they can expect to wait, or that their test results are back from the lab,” she says. Equipped with her bright green “Ask Me” shirt and an approachable manner, she is a friendly and knowledgeable point person for patients.

“I love working with people and have found a special kind of teamwork here at the hospital,” says Dawn. “It’s so important to know the broader team—housekeepers, residents, consult staff and others. Everyone plays a role and needs to be in the loop to keep patients from falling through the cracks.”

And they help make patients feel more cared for, too. “We also offer little things like a blanket to provide comfort and make people feel tended to, and they are very grateful,” says Dawn.

Introducing patient navigators has brought a new level of communication to the emergency department. Patients, staff and physicians are asked for feedback, which is then used to shape the role. And the dialogue goes both ways: patient input recently inspired the department to create new and clearer discharge instructions to help patients feel more confident when they return home.

“We’re very proud of this program,” says Dr. Vojdani. “Our staff and patients both love it. Navigators really help our clinical staff focus on patient care.”



## WHAT’S NEXT:

A mental health emergency is a healthcare emergency. But often, the chaos of an emergency department isn’t the best place for someone in crisis to be. To provide the best mental health care possible when it’s needed most, Michael Garron Hospital is constructing a quiet, private space for mental health patients and people in crisis in the Stavro Emergency Department. The six-bed space—located away from the noise and activity of the emergency department—will be staffed by specially trained professionals and is scheduled to open in early 2020.

## 2

### STRATEGIC DIRECTION

## Lead wisely.

Our commitment to leading wisely is demonstrated in our high standards of excellence, integrity and accountability to the people we work with and the community we serve.

### BY THE NUMBERS

The time to treatment decreased by **2/3** for birthing parents needing a life-saving blood transfusion after a baby is born, from 21 minutes down to 7.

Last year, we welcomed over **400** new employees to the hospital.

We engaged our **2,000+** staff to improve our workplace through our new People Plan.





**Tom Hocking & Cynthia Hocking**  
Senior Technologists, Diagnostic Imaging



## STATE-OF-THE-ART EQUIPMENT FOR A 21ST CENTURY FACILITY

It might seem like it's just machinery—but it's often what is between our patients and a healthier life. Thanks to our donors—in particular, Berna and Myron Garron—innovative medical equipment is providing our staff with the tools to help patients achieve better outcomes. Over the past year, we saw the addition of:

- a fluoroscopy unit and TIMS system with a radiation dose more than 60 percent less than our old machine
- an MRI that will mean improved patient comfort, shorter wait times and more precise diagnosis
- a CT scanner that scans more quickly, and provides sharper, more accurate images
- a portable ultrasound machine that will help us improve wait times and provide a wider range of procedures

“Over and above the improved patient care we can now provide with this new technology, our medical staff feels an immense sense of pride. This is our hospital too.”

—Kevin Edmonson  
Director, Diagnostic Imaging &  
Emergency Department

Dr. Dmitry Tsvetkov, Orthopaedic Surgeon, with the Hana surgical table

With donor support, a transformation is taking place for East Toronto residents who need hip replacement surgery, giving them their lives back sooner.

Myles Gordon has been busy these days tending to his 3/4-acre garden. It's a lifelong hobby in which the 76-year old finds daily joy.

It's also an activity he thought had been causing his persistent back pain. But after a visit to his family doctor, he discovered it was actually hip pain—and his hip needed to be replaced.

“I had to do something about it because it was affecting my day-to-day activities,” Myles says. “I enjoy gardening, and I just couldn't do much of that anymore without pain.”

By coincidence, his doctor's office was also where he learned about the specialized anterior approach to hip replacement that surgeons at Michael Garron Hospital now offer, thanks to a

revolutionary surgical table, funded in large part by the James H. Cummings Foundation.

“I was sitting in my doctor's office talking about what I thought was my back pain, when a fax came through describing the new type of hip replacement that Dr. Dmitry Tsvetkov was doing at Michael Garron Hospital,” remembers Myles. “Within a month, I was booked for the surgery.”

Hip replacement surgery is typically an invasive procedure with a long recovery time.

That's because hip replacement has traditionally been performed with the patient sideways, requiring the physician to make incisions into the large muscles of the pelvis or femur to access the hip joint. This approach resulted in more pain and a longer recovery.

The Hana® table is a specially designed operating table that enables the surgeon to position a patient facing upward. Though the surgery is the same, the table allows surgeons to use a direct anterior approach—replacing the hip through



# A new hip— and a new lease on life

a single incision without detaching the muscle from the pelvis or femur.

“This minimally invasive technique allows us to work between these large muscles rather than going through them,” explains Dr. Tsvetkov, “so patients experience much less pain and recover more quickly.”

Patients can usually be discharged within one or two days, and recovery is reduced from six weeks down to just one or two—an appealing prospect for people who just want to get back to their regular activities.

Within hours of his surgery, Myles was up and walking and was discharged the next day to recover at home.

“I’d like to say I expected to have the health I had at age 25, but realistically I was just hoping that I would have no back pain after gardening season ended,” he says. “After a month of recovery, I was back in the gym every day doing light workouts, and I’ve gotten back to gardening.”

“This type of surgery is quickly becoming a standard of care,” explains Dr. Tsvetkov. “Having the equipment to do this procedure here at Michael Garron Hospital is very important, and without donor support we would not have been able to do this. We’re very grateful.”

These days, Myles is grateful too.

“I’m feeling good and almost pain free—and my garden looks even better than me!”



## WHAT’S NEXT:

“We’re continually working to elevate the experience we deliver to our patients and community. This year, we are starting same-day hip replacement surgeries, so that community members like Myles can return home even faster, and introducing a new form of digital secure messaging between clinicians, to better manage treatment and care for our patients while they are in hospital and transition home.”

—Mark Fam,  
Vice President, Programs  
Michael Garron Hospital



The Shah Family, patients and Little India residents



### 3

## STRATEGIC DIRECTION

# Build Community.

Our hospital was built 90 years ago through the generosity and commitment of our East Toronto community. Throughout our history, we've benefited from our engaged community—and in turn, maintained our commitment to create a healthier, stronger east end.

## BY THE NUMBERS

Last year, Michael Garron Hospital launched **11** pilot initiatives with community partners to target pressing health issues in our community using \$1.5-million in funding from the provincial government to support the surge in patient volumes during the busy winter flu season.

**767** fellows, residents and students launched their careers at Michael Garron Hospital last year.

## RBC FUNDS MENTAL HEALTH NAVIGATOR SERVICE

Navigating the mental health system is challenging for young people. Older teens and emerging adults are particularly vulnerable with respect to mental health, and young adults transitioning from adolescent to adult mental health care often encounter a huge gap in the provision of services.

In what may be a first for a Canadian community hospital, RBC has donated over \$700,000 to develop a Youth and Young Adult Mental Health Navigator Service at Michael Garron Hospital. The gift will fund two full-time navigators and one clinician who will act as a navigator and project co-ordinator.

Working closely with the community, navigators will develop an understanding of the lives and experiences of the youth and young adults they serve. This is especially important, given that the hospital's catchment includes large immigrant populations facing socioeconomic and health inequity.

Through their support and case management, our navigators will help vulnerable young people and their families as they make their way through a mental health system that is complex and often poorly coordinated.

# More than just a hangout for east-end youth

When you're struggling with your mental health during one of life's biggest transitions, having the right support is critical—like services now being provided to east-end youth through a new partnership.

The Youth Wellness Centre at WoodGreen Community Services has its playful side, with its ping pong table, video games and bean bag chairs. But this is more than just a hangout. Youth often struggle to access the mental healthcare they need, in part due to stigma. Now, thanks to a partnership between Michael Garron Hospital, East Metro Youth Services and WoodGreen Community Services, WoodGreen's young clients can access mental health support along with employment, financial literacy and programs for immigrant, LGBTQ and Black youth.

"We're really strong partners with Michael Garron Hospital," says Ashnoor Rahim, WoodGreen's Vice President, Community Care. "It's a tremendous hospital focused on providing care for their community, and we have the same agenda. We see over 800 youth a year. We thought, wouldn't it be great if we could build in more wellness help, offer mental health support and reduce the intimidation of seeing a psychiatrist?"

Toronto Central LHIN funded the renovation of WoodGreen's space, and the Centre for Addiction and Mental Health advised on the concept.

"There are great benefits to situating our mental health service in this Centre," says Dr. Krista Lemke, Medical Director,





**Christine Nhan**  
Youth Advisor, WoodGreen Community Services

Child and Adolescent Mental Health Services, Michael Garron Hospital. “It reduces some of the barriers for youth already coming to WoodGreen and provides more room and services for kids coming to our mental health walk-in. Youth can access mental health counselling from East Metro therapists and be offered psychiatric consultation, if they need it, right in the same location.”

The approach has been client focused from the start, with youth advisors giving valuable input. Christine Nhan, a WoodGreen co-op student, jumped at the opportunity to shape the space.

“We talked about the barriers youth might experience,” she said. To support young people concerned about stigma,

they recommended separate access to counselling rooms. They chose a palette of blue and yellow, after a newcomer advisor steered them away from red, and its association with trauma. They suggested programming to promote diversity and inclusivity.

The Centre’s overarching goal is to build trusting relationships with young people so that they will feel comfortable accessing any of the services. In its first weeks, youth were welcomed to homework help, job fairs, yoga, LGBTQ workshops, “Mo’ Money, Mo’ Problems” financial guidance and mental health counselling and drop-in sessions.

From idea to grand opening took less than six months. “We were able to harness long-standing links with our community very quickly,” says Dr. Lemke. “To have this Centre emerge as something that’s really helping youth is incredibly rewarding.”



## WHAT’S NEXT:

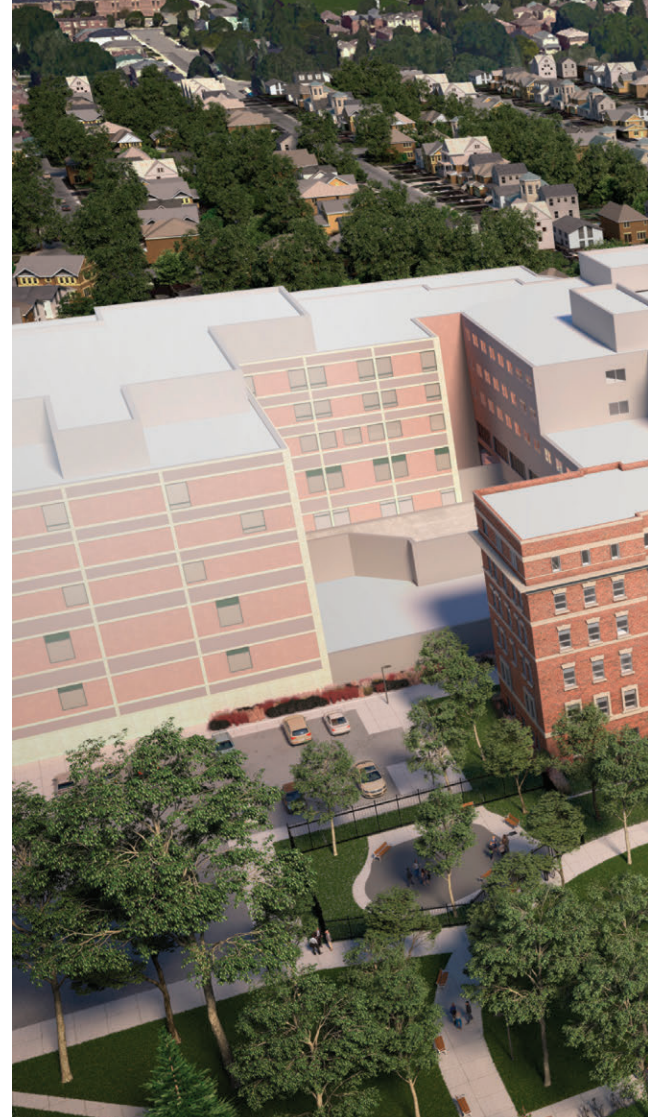
Our relationships allow us to deliver innovative programs to ensure our community can be as healthy as possible. Our vision is to create a system without referrals and discharges. We will wrap services and care around patients whether they are in hospital or at home. We will achieve this vision through a legacy of trust in East Toronto, with a multi-decade track record of delivering “made in East Toronto” solutions together with our partners.

# This isn't just a hospital. It's the heart of the east.

With the support of donors, the \$100-million Heart of the East campaign is building a new hospital tailored to the needs of our diverse, vibrant community and solving the most pressing health issues affecting East Toronto. The impact: a stronger, healthier east end.

## Highlights of our redevelopment will include:

- Creation of an outdoor community space along Coxwell Avenue with gardens, children's play areas and gathering spaces
- 80 per cent single-patient rooms in the Ken and Marilyn Thomson Patient Care Centre, meaning better infection control and more room for family
- Co-location of outpatient clinics, making navigating appointments easier
- New adult and child/adolescent inpatient mental health spaces, including a secure outdoor terrace for family visits, recreation and programming



## OUR COMMUNITY

East Toronto is one of the most vibrant, diverse communities in Canada. And when you give to the Heart of the East, you're making the gift of better health to everyone in your community.



400,000  
people



22  
neighbourhoods



40%  
are new Canadians



Architectural rendering of our new hospital campus, 2024



**1/4**  
are low income



**50+**  
languages spoken



**Highest** proportion  
of refugees in the city

No matter which East Toronto neighbourhood you live in, you can count on Michael Garron Hospital to provide you and your family with the very best healthcare.



# Building the heart of the east

It's been just over a year since we broke ground on the Ken and Marilyn Thomson Patient Care Centre and launched the Heart of the East campaign, and we've made a lot of progress so far. Here are a few of the milestones we've celebrated since April 2018.

## Groundbreaking and campaign launch

On April 25, 2018 we broke ground on the Ken and Marilyn Thomson Patient Care Centre and officially launched the \$100-million Heart of the East campaign.

The celebration became even more exciting with the announcement of a \$12.5-million gift from Peter and Diana Thomson.

## Parking lot relocation

Our public parking lot was relocated to a lot on Sammon Avenue west of Coxwell Avenue to prepare for shoring and excavation.

When the Ken and Marilyn Thomson Patient Care Centre opens, there will be four levels of underground parking for patients and visitors—making visits to the hospital easier.

## Electrical substation removal and switchgear replacement

The electrical substation, which provides emergency power to wings A-F, was relocated in preparation for the demolition of E-Wing. Approximately 90 electrical shutdowns were required to complete the work.

New high voltage switchgear towers were installed off of Knight Street. The new equipment will power both the existing building and future construction.



### Installation of new oxygen concentrator technology

The oxygen tank farm off of Sammon Avenue was removed and new oxygen concentrators were installed, allowing the hospital to generate its own oxygen supply on demand.

Michael Garron Hospital is the first acute care hospital of its size in North America to use oxygen concentrator technology.

### F-wing podium, E-wing, and basement tunnel demolition

The F-wing podium had to be carefully separated from the adjacent building before it could be demolished as to not disrupt ongoing hospital operations.

E-wing—formerly home to the cafeteria and auditorium—and the E-basement tunnel were demolished to make way for the new facility construction.

### Caisson drilling

Prior to excavation, EllisDon had to create a water-tight concrete wall around the perimeter of the construction site. A method called caisson drilling was used to create the underground retaining wall—or “bathtub”—which can withhold the earth’s pressure beyond it and allow excavation to take place.

In total, 533 holes were drilled 24 metres below the earth’s surface to form the concrete barrier.

### Excavation

Site excavation for the four-storey underground parking lot is currently underway and is estimated to be complete in summer 2019.

6,000 trucks will be required to remove all excavated soil. The soil is being re-used to fill a former gravel quarry in a township northeast of Toronto.

## 83% of the Heart of the East campaign goal

As at March 31, 2019, we reached a milestone for our Heart of the East campaign with an incredible \$83 million raised towards our \$100-million goal. We still have \$17 million to go—and we’re going to need the support of our entire community to successfully fund our transformation.



# A year of creating health & building community

In 2018-2019, we made great strides towards achieving our vision to Create Health. Build Community. Here are some of the milestones we're proud of.

Jun

## Excellence in Diversity and Inclusion Award

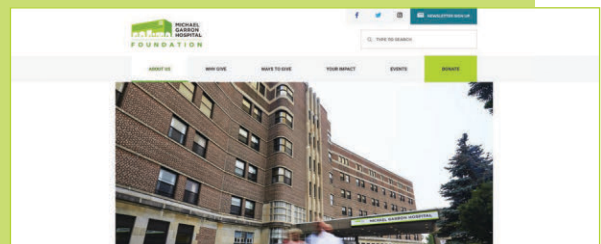
On June 3, the Canadian College of Health Leaders honoured Michael Garron Hospital as the recipient of the 2018 Excellence in Diversity and Inclusion Award. The award honours a forward-thinking Canadian healthcare organization that has demonstrated leadership in creating and promoting diversity and inclusion to improve the environment of its employees, patients and community.



Sep

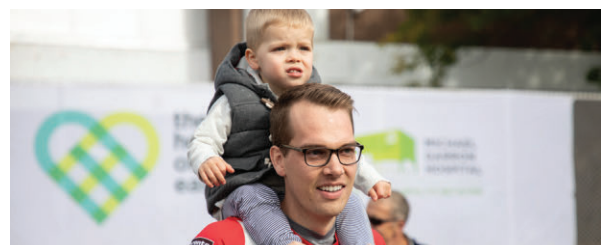
## New hospital and foundation websites

On September 5, the new Michael Garron Hospital and Michael Garron Hospital Foundation websites went live. The new sites give the hospital and foundation a fresh new look. They also give the public better information and an improved experience, whether they need to locate information related to a hospital visit, learn more about the impact a donation makes, or make a gift online.



## Michael Garron Hospital Cup: Kick the Stigma

On September 21, 297 soccer players representing 32 teams descended on Monarch Park Stadium for the inaugural Michael Garron Hospital Cup: Kick the Stigma, presented by Toronto Honda and Toronto Kia. It was a true community event bringing together people from across East Toronto. Thanks to generous sponsors, participants, and donors, the event raised \$200,000 towards the mental health component of the hospital's redevelopment. The event also featured a community festival, including family-friendly entertainment.



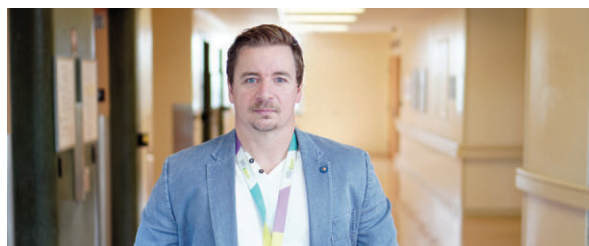
## Oct Indigenous healing room opens

On October 10, an Indigenous healing room opened on Michael Garron Hospital's paediatric unit. Led by the Manager of Aboriginal Culture and The Aboriginal Healing Program at Michael Garron Hospital, community members of the Aboriginal Healing Program gathered this summer to paint the colours of the Medicine Wheel along with the spirit animals on the walls. The team hopes to raise cultural awareness and welcome all children and families to an inclusive healing experience at the hospital.



## Nov Canada Order of Excellence in workplace mental health

On November 6, Michael Garron Hospital was honoured with the Canada Order of Excellence—the first hospital in the country to earn this award for its national leadership in workplace mental health. Healthcare workers are 1.5 times more likely to be off work due to illness or disability than people in other sectors. Over 40 per cent of Canadian physicians and nurses reported advanced stages of burnout.



## Michael Garron Hospital joins Kids Health Alliance

In November, Michael Garron Hospital officially joined Kids Health Alliance (KHA), a not-for-profit network of partners working to create a child and family-centred approach to high-quality, consistent, co-ordinated paediatric health care.



## Dec Michael Garron Hospital awarded Greater Toronto Area's Top 100 Employers

In December, Michael Garron Hospital was awarded as one of the Greater Toronto Area's top employers by the Canada's Top 100 Employers project for the third year in a row. This prestigious award is a benchmark for workplace best practices and recognizes organizations that demonstrate leading-edge initiatives that engage employees and inspire them to be their best.



## Feb Opening of nocturnal dialysis program

To help ease the burden for patients who receive dialysis treatment, on February 4, Michael Garron Hospital launched a new nocturnal dialysis program starting with six patients. This treatment happens at night, when a patient is sleeping. Studies have shown that nocturnal dialysis significantly improves patient outcomes and quality of life. The equipment required to provide this life-changing treatment was purchased through the generosity of the Garron family gift.



# Thank you

Michael Garron Hospital Foundation's list of donors recognizes the generosity of individuals, corporations, foundations, community service clubs and estates. We are deeply grateful for your support. We also acknowledge the ongoing support of our many event sponsors, prize donors, volunteers and committees. While all gifts to the Foundation are greatly appreciated, due to space limitations, only cumulative lifetime giving of \$250,000 or greater prior to March 31, 2019 and cumulative gifts received of \$1,000 or greater between April 1, 2018 and March 31, 2019 are listed.



Dr. Shaghayegh (Sherry) Rezaie  
Physician

In the event of an error or omission, please accept our apologies and contact the Michael Garron Hospital Foundation at 416.469.6003. To see our complete list of cumulative lifetime giving, please visit our donor recognition wall within the Hospital.

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as of March 31, 2019

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**\$50,000,000+**

Michael Albert Garron Foundation

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"When I had a birthday we asked ECHOage to give the present money to Michael Garron Hospital. Why? Because of now. Every day has someone who needs help now, so that they will have a better future, or even a future. They helped my dad and myself and my brother. Every day, someone's dad or mom or brother or sister needs help now and they might not get it if we don't help the hospital."

Kai, age 8

## Gifts Received

between April 1, 2018 and  
March 31, 2019

## Visionary

**\$1,000,000 - \$4,999,999**

Michael Albert Garron Foundation  
Peter & Diana Thomson

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"The Mitchell and Kathryn Baran Family Foundation and I give back to Michael Garron Hospital because we believe supporting local healthcare is imperative; particularly when it comes to providing excellent mental health inpatient and outpatient care for members of this community. We feel privileged to be able to give back, and to play a part in the hospital's transformation."

**Danielle Baran**  
the Mitchell and Kathryn Baran Family  
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"The care Michael Garron Hospital provides to children is excellent. And their partnership with SickKids means that we can get the same high-quality paediatric care, right in our own neighbourhood. That's why we give. Every single gift to this hospital helps to ensure it's there when we need it."

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"I work here so I know this is a special place. But I've also experienced the incredible level of care and compassion first-hand when my children were in the special care nursery as newborns. I also know how vital ongoing donor support is. It allows our hospital to provide the best level of care for people in our community who don't necessarily have the supports or resources available to them that others do. We give back to the hospital because we believe our money can go further here."

Dr. Janine McCready  
Physician



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"I've had a business in this neighbourhood since the 1950s—this community has supported my business over the years, and it's home to me. I truly believe that when you give, you get back. I've been giving back to Michael Garron Hospital for over 25 years because it's just the right thing to do."

**Saul Korman**  
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## FOR WALTER JONES, VOLUNTEERING WAS ALWAYS PART OF HIS DNA

"Even up until just before he passed away late last year, Walter was still volunteering here at the hospital playing the piano for patients and long-term residents," says his wife Dilys. "Giving back to the community was something he felt very passionate about."

Walter had a long history with Michael Garron Hospital, beginning in 1982 when he was appointed to the hospital's Board of Governors. He was also Chair of the Foundation Board from 1992 to 1994, and served on numerous committees for the hospital and the foundation.

Walter was a man with a deep sense of faith, family and community. And after a lifetime of giving back, he chose to honour the hospital and the community with one last donation—a gift in his will.

Dilys Jones has continued to give her time as a hospital volunteer for the past 29 years. She has also committed to leaving a gift in her will, and continues the family legacy as a member of the Joseph H. Harris Society.

"The hospital has always been there for our family, and it's important to see it grow and change," says Dilys. "That's why we've supported it for so many years, and why I also decided to leave a gift in my will. It's an easy thing to do, and it feels good to give back."



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"I donate to the hospital through my employee  
 paycheck. Even though it's a small amount,  
 it's a way for me to give back to the hospital  
 and show my gratitude for the warm,  
 wonderful care my daughter received from  
 the doctors and nurses here as a newborn."

Grace Adonis

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## **In Memory/In Honour**

We are grateful for donations received  
 between April 1, 2018 and March 31, 2019  
 in memory or in honour of the following  
 individuals and organizations.

Dr. Jihad Abouali  
 Dr. John Abrahamson  
 Addie's 11th Birthday  
 Dr. Anjali Aggarwal  
 Ali Ahmad  
 William E. Alexander  
 Meena Alimchandani  
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 Dr. Roseann Andreou  
 Steve Anthony & Tanya Lise Gomes  
 Yale Ashraf  
 Dorian Aube  
 Lia Augilar  
 Leigh Baetz-Craft  
 Frank Banwell  
 Robert Barnett & Joseph Crangle  
 Dr. Jacquelyn Barron  
 Mary Ruth Bauer  
 Zach Beach & Stephanie Silliker  
 J. Edna Beange  
 Bella's 8th Birthday  
 Yvette Beltran  
 Dr. Michael Bentley Taylor  
 Dr. Barbara Berner  
 Dr. Paul E. Bernick  
 Vladimir & Lillian Besevic  
 Jana Gref Blackmore  
 Jill Macgillivray & Owen Blackwell

"EllisDon is proud to be a part of the legacy of the Michael Garron Hospital redevelopment, which will surely have a profound impact on the community, and we're pleased to support the Foundation in building a better future for healthcare in East Toronto."

**Stephen Damp**  
Executive Vice President, Civil, EllisDon



Angela Bonfanti  
Jennnifer Bordin  
Larry Bossin  
Eleanor Boudreau  
Mary & Thomas Brett  
Katharine Brodie  
Victoria Brown  
Alex Bruvel & Sara Kluge  
Aniela Bucko  
Barbara Bunker  
Jane Burpee  
Brad Bylow  
Elizabeth Carnevale  
Maria Carvalho & Antonio Pacheco-Viera  
Mick Casey  
Stanislao Castellarin  
Dr. Melanio Catre  
Dr. Larry Chad  
Dr. Dora Chan  
Dr. Patricia Chan  
Karen McDonald & Gilles Chateau  
Dr. Albino Chiado  
Rickie Chit  
John I. Christofilopoulos  
Christopher's Wedding  
Jamie Clark  
Glenn Cochrane  
Ian Colvin & Grace Chang  
Devin Contractor  
Denise Conway  
Jesse Cook & Caitlin Clifford  
Robert S. Cook  
Sandra Cooke  
Violet Corbett  
Allison Cowan  
Susan Craig  
Stewart Crichton  
Anna Csiernyik  
David Cully  
Dr. Jamie Cyriac  
Dr. Cyriac's Secretary - Marilyn  
Alyssa & Andrew D'Angelo  
Philip D'Antonio & Chiharu Zuzuki  
Simon & Candace Dalrymple  
Richard Davidson  
Amy Davies  
Margaret M. Davis  
Shelley Dawson  
Jerry De Ocampo  
Carmelo De Stefano  
Tyler DeClute  
Thomas, Maria & Rachel Deneault  
Michael Devine  
Joan Dewar  
Anannya Mongistha Dey  
Mike Dicterio  
Olive Dodds

Laura Dodge  
Colin Doering & Mary Naylor  
Michael & Kristanja Donaldson  
Sydney Kaye Dowling  
David & Michele Doyle  
Johan & Jennifer Drogell  
Baby Madden Duffy  
Kevin Edmonson  
Dr. Natalie Edrmann  
Marianne Ekubor  
Elliott & Hugh are turning 6!  
Marilyn Emerson & Jaak Liivoja-Lorius  
Catherine Feagan  
Casey Feilchenfeld  
Jason Ferry



"As a community business we've been really fortunate, and we have a responsibility to give back, particularly to our local hospital. The medical staff at Michael Garron Hospital dedicates their lives day and night to providing care for the community, so supporting them is the least we can do. Everyone will eventually come into a situation in their life where they'll understand why a local hospital is so important. It's a valuable community resource we all need."

**Celena & Richard Cambridge**  
Owners, Celena's Bakery

Fianah's 5th Birthday  
Dr. Rebecca Fine  
Helen J. Fischer  
Karen Ford  
Dr. P. Fountas  
Dr. John H. Fowler  
Mark & Melanie Fowler  
Bruce Francis  
Carmen Franzese  
Dr. Ian M. Fraser  
Dr. Sayf Gazala  
Giuseppina Gennora  
Oliver Genorio  
Laura Genorio  
Afsana & Simon Gibson  
Dr. Tom Gilas  
Gurdev, Sharnjit, Jagdeep Gill  
Caitlin Gillian  
Andrew & Christine Gillingham  
John Gilmoen  
Suncica Glogovac  
David Goldberg & Jennifer Samson  
Maureen Goodsoe

Howard Gopsill  
Michael Gordon  
Dr. Andrew Gotowiec  
Freda Graham  
Stephen & Lindsey Gray  
Mort Greenberg  
Peter Hall  
Todd Phillip Hammond  
Darren & Kristin Hands  
Bronwen Hann  
Dr. Paul Hannam  
Happy Birthday Paul  
Donna Hasler  
Homer Henry  
Linda Herdman  
Melinda Hillmer  
Melanie Charmaine Holl  
Marie Hornsby  
Rose Horsley  
Dr. Bradley Hubbard  
Richard Hurst  
Elena Igwe  
In appreciation of Brenda's  
recent cataract operation  
Dr. Nadia Incardona  
Dr. Edsel B. Ing  
Karen Inselbacher  
Theodosis Ioannou  
James Irwin  
Ovid Jackman  
Philip Kou Chu Jew  
Blair Johnson  
Dilys E. Jones

Richard Jones  
Walter C. Jones  
Victoria Joseph  
Dr. Pieter Jugovic  
Kai's 8th Birthday party  
Greg Kalanjan & Kate Townshend  
Peggy Karas  
Dr. Sallaudin Karim  
Morton Katz  
Robert Kelly & Paula Rampersaud  
Agnes Killoch  
Christie Kim  
Carol Kirsh  
Molly Kleven  
Mary Kominovski  
Dr. William Kraemer  
Amie & Elgent Kung  
Sasha & Simon Lauzon  
William Lawson  
Dr. Kate Lazier  
Christine Lee  
Kyoo Lee & Hye Lee  
Lawrence & Crystal Lee

Rick Lee & Laurie Shapiro  
 John Leeper  
 Donald Leishman  
 Tara Lenaghan & Stewart Crymble  
 Maureen Lennon's 50th Wedding Anniversary  
 Reginald Levert & Darlene Dolph  
 Christine Li  
 Dr. Jing Li  
 Konstantinos Litsos  
 Ainslie Little & Spencer Hooever  
 Scott & Judy Lynch  
 Alex "Buddy" MacDonald  
 Jeanne Mack  
 Audrey Jeanne Mack  
 Tara MacLeod  
 Rachel Magee  
 Joan Malanchuk  
 Puneet & Kavita Malik  
 Adaline Marchment  
 Francesco Marrelli  
 Lesley Martin  
 Maria & David Martin  
 Lindsay Martinek  
 Rob Matte  
 Brian & Joanne Maxwell  
 Oren Mazor & Shawna-Lynn Brake  
 Frank McClelland  
 Roger & Mary McCrorie  
 Helen McDonald  
 William McIlvride  
 Edith Muriel McIlvride  
 Dr. Robert McKellar  
 Maureen McKenna  
 Gladys McKinney  
 Grace E. McLean  
 Eric Meadows  
 Geiles Meikle  
 Lindauro Melo  
 Jean Menard  
 Jerome Menezes  
 Ayele Mengesha  
 MGH ER Nurses  
 MGH Family Birthing Centre  
 MGH MCU Staff  
 MGH Special Care Nursery  
 MGH Staff of C5  
 MGH Staff of Palliative Care  
 MGH Staff of G5  
 Mazie Milner  
 Ritan Mirhassani  
 Mrs. Monahan's 90th Birthday  
 Donald Montgomery  
 Brenda Morrison  
 Dr. Gary Morrow  
 Russel Munawa, Jeanyan Munawa & Cina Xiao Yan Kang  
 Jean D. Murray  
 Usman Naeem & Aameeha Khalid  
 Skiouris Nafsika  
 Dr. Martin Nathanson  
 Byron Ng  
 Dr. Nick Nianiaris  
 Dr. Donald Norris  
 Shaun Nwabunor  
 Ann O'Leary  
 Dr. Melanie Ornstein  
 Dr. Vladislav Ovchinnikov  
 Ajay Panday  
 Fotios Papamanolopoulos, Penny Hanley & Speros Papamanolopoulos  
 Joseph Parravano  
 Gloria Patterson  
 Richard Paulin  
 Shirley Payne

Petros Pechilvanoghlon & Ourania Bampsai  
 Terri Lea Pegg  
 Kurt Penner  
 Flora Pollard  
 Dr. Jelena Popovic  
 Dr. George S. Porfiris  
 Christopher Power  
 Mary Ellen Prentis  
 Nicholas Priebe  
 John Prucha & Joanne Nichols  
 Lynn Pyke  
 Mary Quiroz  
 Tallie Rabin  
 Mike Rados  
 Linda Redermeier  
 Michele & Gibert Rice  
 Paul Richards  
 Dorothy Richardson  
 Patty Rigby  
 Merle Road  
 Andrea & Evan Roberts  
 Peter Robertson & Toni Suecharan  
 Sharon & Neil Rooney  
 Dr. Jarred Rosenberg  
 Evelyn Ross  
 Lisa Rowe  
 Tavi Merric Roytberg  
 Vik Sam  
 Charlotte Sartain  
 Dr. Hany Sawires  
 Cullen & Nicole Scannell  
 Ben Scott  
 Gordon Scott  
 Meredith Scott  
 Paul Michael Seeling  
 Julian Sher & Lisa Fitterman  
 George W. Shipman  
 Dr. Nausheen Siddiqui  
 Carla Simmonds  
 Dr. Wrensford Simmonds  
 Dr. Carmine Simone  
 Dr. Rajiv Singal  
 Cono Sirna  
 Lisanne Skeoch & Dhaval Bhatt  
 Ronald Skinner & Jennifer Foulds  
 Dr. Roland Skrastins  
 Madelene Smith  
 William Smyth  
 Nav Mander Sora  
 John Sotos  
 Dr. Christos Soulios  
 Olamide Sowunmi  
 Derek Spafford & Kimberly Henry  
 Andrew & Stephanie Stearn  
 Daniells Sterling  
 Juanita Sternbergh  
 Cameron Stoddart & Patti Patanasinth  
 Harry Suke  
 Diane Swartz  
 Yuk Chun Szeto  
 Peter Szkorla  
 Dr. Melissa Tai  
 Verena Takasaki  
 Ciara Talbot & Fintan McEnroe  
 Dr. Laura Tate  
 Teresa & Pat  
 Cindy Thompson  
 Lauren Thompson & Robb Cacovic  
 Maya Thottumkal  
 Clifford Tooth  
 Tuyet Thi Minh Truong  
 Dr. Dmitry Tsvetkov  
 Diana Tustin  
 Judith van Delft, Bert van Delft &

Neil McDermott  
 Leisha Vanderkooy  
 Jeffrey & Lana Vannetten  
 Marilyn, Andrew & Natasha Vasilevich  
 Dennis Vassos  
 Mildred Marie Vinsant  
 Dr. Peter Vlaovic  
 Teodora Vozella & Lisa-Paula Santa-Maria Barbagallo  
 Carmilla M. Wallace  
 Melanie Warner  
 Gordon Webber  
 Dr. Charlotte Wedge  
 Terri-Lee Weeks & Stephen Thompson  
 Logan Wei  
 Dr. Lawrence Weisbrod  
 William Wilson  
 Helen May Wilson (Harris)  
 Wendy Wong  
 Dr. Paul Wong  
 Mary Wood  
 Dr. Kevin Workentin

## A LEGACY THAT'S LASTING FOR GENERATIONS

There's a reason why donors who make a planned gift are recognized in the Joseph H. Harris Society. Named in honour of our hospital's founder, this program recognizes people who create a legacy of better health for our East Toronto community that will last for generations. So it's especially fitting that Joseph H. Harris's daughter, Helen Wilson, is continuing his tradition of passionate commitment to the hospital and the community it serves through a bequest. Helen—a longtime volunteer and former member of the hospital's board of directors—passed away in April 2018. But through her generosity, she will continue to make an impact on the hospital that was meaningful to her and her family, as well as our entire community.





"As long-time donors, we know how important it is for the hospital to have stable and predictable funding through donor support, to allow for long-term planning and provide the best possible care for our community. We are both proud and hopeful for our community and its service providers—we're thrilled to be giving back to East Toronto."

**Bob & Mary Gore**

Martin Wigglesworth  
Julia Wycliffe  
Harry Wynne  
Mary M. Wyonch  
Chiu Hei Yim  
Nick & Stephanie Young  
Archer & Wing Pun Yu  
Dr. Robert Zeldin  
Marlene Zeldin  
Zenaid's 2nd Birthday Party  
Dr. Shery Zener  
Dr. Mohammed Zia  
Brad Zoern & Meg De Bassecourt  
Lisa Zoppi

## **Joseph Harris Society**

The Joseph H. Harris Society is an honorary society comprising of individuals who have made a commitment to leave a planned gift (bequest, life insurance policy, RRSP or RRIF) to the Michael Garron Hospital Foundation. The Society is named after Michael Garron Hospital's founder, Joseph H. Harris.

Frederick, Milka & Cynthia Antonopoulos  
Susan M. Armstrong  
Brian & Diane Coggins  
Patricia A. Cosway  
Nora Curran  
Susan & David Debono  
Elizabeth Devenish,  
TEGH Nursing Class of 1973  
The late Margaret & David Ellis  
Joan Fralick  
The Robert Francis Family  
Gary F. Grant  
Mary L. Harris  
O. Jensen  
Brian & Betsy Jones  
Dilys Jones  
Carol D. Kirsh  
Saul Korman  
Steve & Lisa Lemon  
Hilary Linton  
Wayne D. MacLean  
Tim & Jane Marlatt  
Sydney & Yvonne McMorran  
Isobel Mentall  
Stephanie Meredith  
Susan & Paul Moffatt  
Shannon & Wes Moon  
The late Paul Prevost & Barbara Morgan  
Mitze Mourinho

Natalie Maria Muccioli Emery  
Debbie Owen  
The late Andreas &  
Ioanna Panayides (Payne)  
Aileen A. A. Pollock  
Lilian Rowe  
Florence Rundle  
Gareth Seltzer In Honour of Mark Seltzer  
William & Janet Small  
In Memory of James Stark  
Ann D. Sutton  
The Tripp/Smith Family  
Frank Tulipano & Joanne Neglia  
Teresa E. Vasilopoulos  
Richard Eglinton & Anita Vézina  
Lou Vigoda,  
In memory of my late wife Lilyan &  
In honour of Dr. Lawrence Weisbrod  
Douglas & Beverly Woods  
Joan Woolever  
Lam & Mary Young  
Anonymous (52)

## **Gifts-in-kind**

The following partners donated their products or services in support of Michael Garron Hospital Foundation between April 1, 2018 and March 31, 2019.

The 7 Virtues Fragrances  
AC Mechanical Contractors Ltd.  
Air Canada  
Andrew Peller Limited  
The Antigua Group, Inc.  
Artisanal Wine Imports  
Danielle Baran  
Bell Canada  
Bird Kingdom  
Bomb Fitness  
Brimacombe  
Massimo Bruno  
Cabot Links  
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Céilí Cottage  
N. Francis Chantiam  
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County Cider Company  
Crow's Theatre  
D & D Poultry  
Digital Echidna  
Divine Furniture Rental

Dixie's Cooking School  
Dream Unlimited Corp.  
Esther Myers Yoga Studio  
Eye Candy Opticians Ltd.  
Field Trip & Co  
Freda's  
FWM Canada  
Gee Beauty  
Goodlife Fitness  
The Greek Grill  
Hopson Grace  
House & Garden Co Ltd.  
Indigo Books & Music Inc.  
Jacquie & Stacey Ison  
In memory of Cruz Loman Ison  
JW Marriott Las Vegas Resort & Spa  
Ki Modern Japanese  
Kia Canada Inc.  
Leon's Furniture Limited  
Lifford Wine & Spirits Inc.  
Live Nation  
Lost Craft Inc.  
L'Unità  
M.A.C. Cosmetics  
Maple Leaf Sports & Entertainment Ltd.  
Maple Leaf Tavern  
Marineland  
Mariposa Cruises  
Mark Anthony Wine & Spirits  
Marriott Fairfield Inn & Suite Montreal  
Marriott Courtyard Ottawa East  
Scot A. Martin  
Michael & Andrea McGhee  
Stephanie Meredith  
Micro Scooter Store  
National Hockey League  
Players' Association  
Sol & Queenie Nayman  
The Old Spaghetti Factory  
Ontario Science Centre  
Pattison Outdoor Advertising  
Peninsula Ridge Estates Winery  
Persistence Capital Partners  
PHD Canada  
Philippe Dandurand Wines Ltd.  
Pillitteri Estates Winery  
PMA Canada  
The Printing House Limited,  
Janice & Earle O'Born  
Profile Wine Group  
Rosehall Run Vineyards Inc.  
Royal Ontario Museum Governors  
Scandinave Spa Blue Mountain  
Scaramouche Restaurant Pasta Bar & Grill  
Shorcan Brokers Limited  
Sixty Six Brix  
Softchoice Corporation  
Squish Hudson's Bay Yonge Street  
TELUS  
Tom's No Frills  
Corbin Tomaszeski  
Toronto Wolfpack Rugby League  
Triple Bogey Brewing & Golf Co.  
Two Sisters Vineyards  
Ufficio  
Vellend Tech Canada Inc.  
Virago Therapeutic Massage  
Whirlpool Canada LP  
Woodbine Entertainment Group  
Woodman Wines and Spirits  
Your Home Design Company

# Michael Garron Hospital

## Board of Directors - 2018/2019

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Susan Armstrong

### Vice Chair

John Tobin

### Directors

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Douglas Farley  
Katherine Henderson  
Catherine Johnston  
Janet Kasperski  
Lovisa McCallum  
Scott G. McDonald  
Robert McGuire

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Catriona Read  
Alexander (Sandy) Rhind  
Ronald Sapsford  
Andrew Steele  
Donald Stewart  
Mark Trachuk

### Ex Officio

Irene Andress  
Sarah Downey  
Dr. Ian Fraser  
Dr. Michael Hiscox  
Dr. Christopher Smith  
Eric Tripp  
Michelle Wales

# Michael Garron Hospital Foundation

## Board of Directors - 2018/2019

### Chair

Eric Tripp

### Treasurer

Adrianna Czornyj

### Vice-Chair

Margaret Franklin

### Vice Chair & Secretary

Niranjan Vivekanandan

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Pauline Alimchandani  
Wahid Amarshi  
Howard Atkinson  
Quentin Broad  
Dave Casimiro  
Michael Christodoulou

Stephen Giamos  
Martin Hubbes  
Wayne Kozun  
Michael McGhee  
Jacqueline Ryan  
Dr. Rajiv Singal  
George Tory

### Ex Officio

Susan Armstrong  
Sarah Downey  
Betty Hicks  
Dr. Michael Hiscox  
Mitze Mourinho

# What you give to the east stays in the east.

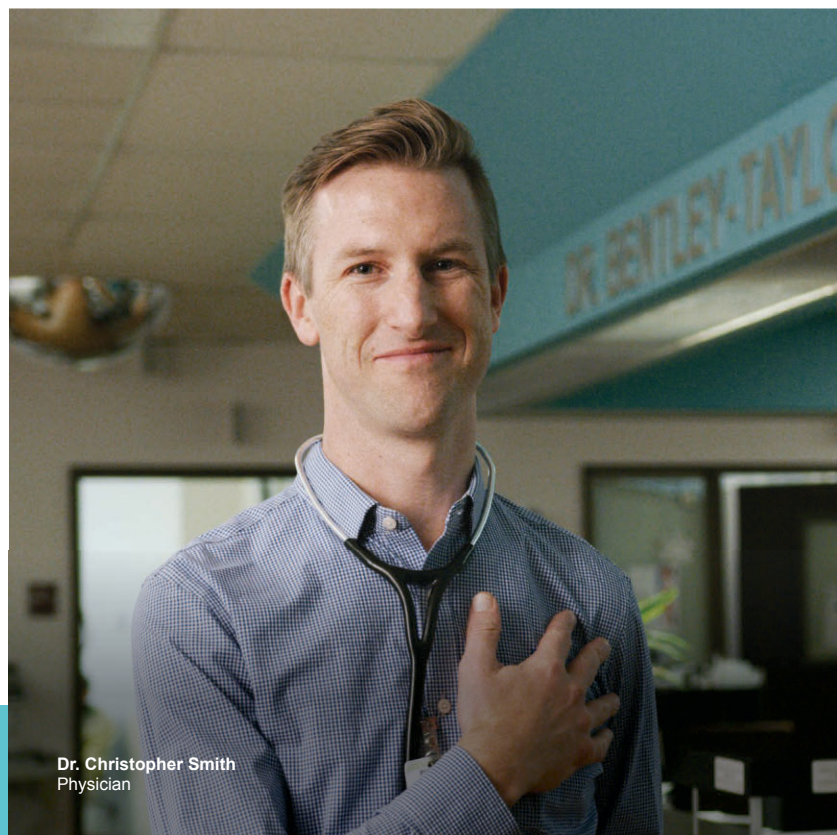
When you make a donation to Michael Garron Hospital, you're really making a gift to your entire community.

We provide most of the healthcare your family needs close to home, at a level of excellence rivalling anywhere else in the city.

There's no better way to make sure your East Toronto neighbourhood can stay healthy, vibrant, and strong than by making sure everyone who lives here has access to the best healthcare possible.

Right now, we're limited by our aging facilities. Your gift to the Heart of the East will help us completely transform our campus, including construction of the new, eight-storey Ken and Marilyn Thomson Patient Care Centre and the dramatic redevelopment of our existing facility—tailored specifically to meet the needs of our community.

On behalf of the nearly 400,000 people in our community, thank you.



Dr. Christopher Smith  
Physician

We are Michael  
Garron Hospital.  
And we are the  
heart of the east.





This annual report was designed and  
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