

Sputum Collection

1. After waking up in the morning,
 - a. Cough up from **deep down** in your chest and spit out the sputum into one of the empty sputum containers.
 - b. Replace the sputum container cap firmly.
 - c. Keep the sputum sample **refrigerated** until you bring it to the laboratory.
2. Repeat this each morning until you have placed one sputum sample in each of the sputum containers provided.
3. Label each sputum container if not already done so.
4. Return both the sputum samples and the laboratory requisitions to the **Blood Collection Lab** located on **M1 during lab hours Monday to Friday 0900am-1200pm**. Outpatient lab phone number is 416-469-6580 ext. 6525

Office Use only:

1. *Label 3 sputum bottles*
2. *Label all lab requisitions*
3. *Give sputum bottles and lab requisitions to the patient*