

Numbness and Tingling

Information for Patients on Cancer Treatment

Numbness and tingling is the shocking, shooting, or prickling pain that can happen anywhere in your body. It is often felt in the hands, arms, legs, and feet.

There are many causes of numbness and tingling, including:

- Cancer and its treatments
- Other health conditions (e.g. diabetes)
- Low levels of certain vitamins in the body

Usually, numbness and tingling from cancer treatments goes away, but it may take months to years.

How can I manage my numbness and tingling?

- Tell your healthcare team if numbness and tingling makes it hard for you to do your daily activities, like walking and using a pen
- Wear gloves and proper footwear
- Do not drive or walk on uneven surfaces if you cannot feel your feet

Call the Clinic Nurse at (416) 469-6580 ext. 2752 if:

- You have fallen because of numbness and tingling in your feet
- You notice a new wound in an area you cannot feel