Preparing for your Ophthalmology Day Surgery at TEHN Surgical Centre (20 Wynford Drive)

YOUR EYE SURGERY DATE IS: _____

Dear Patient,

THINGS YOU SHOULD KNOW BEFORE YOU VISIT

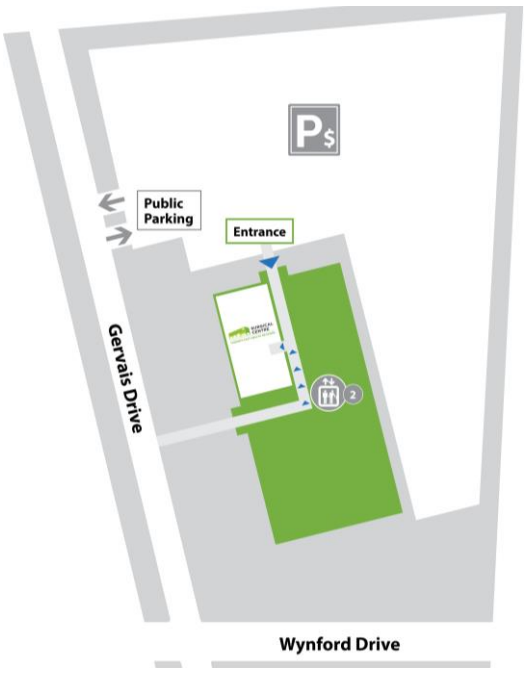
We have moved! Your surgery will occur at the TEHN Surgical Centre (20 Wynford Drive, Suite 201 A/B), located in Toronto near Don Mills Rd. and Eglinton Ave East.

You MUST have someone escort you home after your surgery. You CANNOT call an uber/taxi to take you home if you do not have an escort. The Surgical Centre is accessible via public transit (TTC subway and bus), close to the Don Valley TTC Station. **The parking lot at 20 Wynford Drive has a grace period of 15 minutes, after which you will be charged $3.00 each half hour with a maximum of $6.00 per day (per entry). Parking can be paid by credit or debit only**. The Surgical Centre does not reserve parking for patients; **parking is limited and not guaranteed.** The Surgical Centre will not reimburse parking fees and accepts no responsibility for loss, theft or damage to vehicles or contents. If you are interested in alternative paid transportation options, please speak to your surgeon.

The **day before** surgery, please call the Admitting Department at **(416) 469-6580 ext. 6381.** The admitting clerk will tell you what time to arrive at the Surgical Centre so that the staff can prepare you for your surgery.

- **If your surgery is on a Monday:** Please call **after 3 p.m.** on the **Friday** prior to surgery; you can also call on the weekends.
- **If your surgery is any other day of the week:** Please call between 3 p.m. - 10 p.m. the day before your surgery.

Map of TEHN Surgical Centre



Please arrive 60 minutes prior to your surgical time.

- **Escorts/family members bringing you to your appointment will not be able to accompany you throughout your surgical visit.** They may bring you up to the Surgical Centre on the 2nd floor but will then have to wait elsewhere. Exceptions will be made for patients who have mobility challenges or require translation. Your escort/family member will be given a time to pick you up after discharge.

- You will be picked up by your escort/family member at the Surgical Centre on the 2nd floor. Total duration will be 1.5 to 3 hours for your surgery visit.

- If you are required to pay for your lenses you have 2 options: paying your bill online or paying the day of your surgery. **You MUST pay before you have your surgery.**
  - If you wish to pay your bill online, you can do so at https://www.tehn.ca/pay-your-bill. On the day of your surgery, you MUST bring your proof of payment to the Surgical Centre (you will receive proof via email).
  - If you wish to pay your bill in person, on the day of your surgery you will pay at the registration desk *BEFORE* your surgery. Debit and credit payments are accepted; payment by cash or cheque is not permitted.

THE NIGHT BEFORE SURGERY

Can I **EAT** before my surgery?

- **NO - Do not eat any food after midnight. If you eat, your surgery will be cancelled**.

Can I **DRINK** before my surgery?

- You can drink **WATER ONLY.** No other fluid can be consumed, or your surgery will be cancelled. **STOP drinking 2 hours before your scheduled arrival time.**
- If you have diabetes AND your blood sugar is below 5.0 mmol/L, you may have a half cup of clear apple juice in order to raise it to at least 5.0 mmol/L. **STOP drinking 2 hours before your arrival time.**

THE DAY OF SURGERY

On the morning of surgery, take all of your routinely prescribed medications including blood pressure medications (with sips of water), unless your physician instructs you otherwise.

If you have Diabetes **and require INSULIN**, please follow the dosing instructions you received during your Preoperative Assessment Clinic (PAC) appointment **OR** the information sheet that you received from your physician's office.

Visitor Policy (Adults):

- **Pre-Operatively –** Your escort/family member bringing you to your appointment will NOT be able to accompany you throughout your surgical visit. They may bring you up to the surgical centre on the 2nd floor but then will have to go and wait elsewhere. Exceptions will be made for those who have mobility challenges or require translation.
- **Post-Operatively -** After your surgery, we will contact your escort/family member when you are ready to be discharged. Your escort/family member will be able to pick you up at a post-op room on the second floor.

BEFORE YOUR HOSPITAL VISIT

Toronto East Health Network has been working closely with Ontario Health to explore earth-friendly initiatives. Two of the initiatives are **BYORB** (Bring Your Own Reusable Bags), and **BYORWB** (Bring Your Own Reusable Water Bottle). We are requesting patients to bring:

- **2 or 3 reusable bags** for your belongings, big enough for your shoes, clothes and jacket.

- **Reusable water bottle:** the water bottle should be **empty** and **not made of glass.**



Preparing for the Day of your Surgery

Please bring these items to the hospital with you:

- The receipt of your online payment for your lens (if you elected to purchase a lens and used the online payment option)
- The original copy of your pre-op health history patient questionnaire if not already returned to surgeon's office
- Ontario Health Card
- All medications that you are actively taking, including ALL your eye drops (prescribed by the Ophthalmologist)
- If you cannot communicate in English and are unable to provide your own interpreter, the Surgical Centre has a phone service available to translate on your behalf
- **ESCORT: You *MUST* have a responsible person escort you home. NOTE: Your eye surgery will be cancelled if you do not have a responsible person to take you home after your surgery**

- Storage case for your eyeglasses/contact lenses (contact lenses should be removed pre-operatively)
- Reusable bags for your belongings
- Reusable water bottle

Please **DO NOT BRING**:

- Any valuables – the Surgical Centre does not assume responsibility for lost or stolen items

Once you have arrived at 20 Wynford Drive, please follow the posted signs to the Surgical Centre on the 2nd floor. Upon your arrival, a clerk will register you.

THE DAY OF SURGERY

Your preparation, eye surgery, recovery and discharge will occur on the 2nd floor of 20 Wynford Drive (Suite 201 A/B). You will be at the Surgical Centre for about 1.5 - 3 hours.

A nurse will prepare you for your surgery.

- Please wear a **short-sleeved shirt**.
- The nurse will check your vital signs and blood sugar (if applicable), ask you questions, start an intravenous in your arm, and give you eye drops.
- The Ophthalmologist will freeze your eye so you will not feel the surgery.
- The Anesthetic Assistant will administer medication to relax you before the surgery begins.

After your Surgery - Discharge

When you are ready to go home, your nurse will review your discharge instructions with you.

Please read all these instructions carefully. If you have any questions, please ask the nurse or call your Ophthalmologist's office.

You will be given a follow-up appointment with your Ophthalmologist, usually the same day or the following day. Please bring your eye drops to this appointment.

Do **NOT** drive a car for at least 24 hours following your eye surgery.

IMPORTANT PHONE NUMBERS	
Admitting Department	(416) 469- 6580 ext. 6381
TEHN Surgical Centre *(20 Wynford Drive)*	(416) 469-6580 ext. 2180
Pre-operative Assessment Clinic (PAC) *(located at Michael Garron Hospital on T1)*	Phone: (416) 469 – 6580 ext. 2813 Fax: (416) 469 – 6560