BREATHING TESTS – PULMONARY FUNCTIONS TESTS (PFTs)

- PFTs are breathing tests. •
- PFTs test how much air you move in and out of your lungs. They also test how well oxygen comes into your body.
- PFTs are used to:
 - Find lung disease.
 - Treat lung disease.
 - Follow your lung function over time.
 - Check if your treatment is working.
 - Check if your lungs can tolerate surgery.

Tell the respiratory therapist if:

- You have an infectious disease. Examples are active lung tuberculosis (TB) or COVID-19. •
- You have issues with your heart. Examples are a recent heart attack, unstable heart disease, angina, or uncontrolled blood pressure.
- You are coughing up blood.
- You had a recent stroke.
- You have an aortic aneurysm or a brain aneurysm.

WHAT SHOULD I DO TO GET READY FOR MY TESTS?

- Do not take puffers (inhalers) on the day of your tests*.
- Do not smoke on the day of your tests.
- Tell the respiratory therapist if you are pregnant.

*If you have breathing problems when you stop your puffer medications, start taking the medications in your normal way, and call the doctor who ordered the test as soon as possible.

WHAT WILL HAPPEN DURING MY TESTS?

For your tests, the respiratory therapist may:

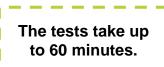
- Check your oxygen level. •
- Have you do a blowing test. This test uses a spirometer to check how much air you can breathe in • and out.
- Have you do another blowing test after an airway opening puffer (also called bronchodilator/Ventolin).
- Have you hold your breath for 10 seconds. This will check how well your lungs transfer oxygen.

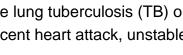
WHAT WILL HAPPEN AFTER MY TESTS?

- You can start taking your normal puffer medications again.
- You must see your doctor for your results. •

You had eye surgery in the past 4 weeks.

You have uncontrolled glaucoma.





My test is on:

