



Recovery Reimagined Intake Form: <https://forms.gle/URAHjgsvLj5dDSgC9>

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|--|--|--|--|---|
| AM | <p>10:00-12:00pm</p> <p>Intensive Program</p> <p>---</p> <p><i>In person</i></p> | <p>10:00-11:30am</p> <p>Skills Group</p> <p>---</p> <p><i>In person</i></p> | <p>10:00-12:00pm</p> <p>Intensive Program</p> <p>---</p> <p><i>In person</i></p> | <p>10:00-11:30am</p> <p>Skills Group</p> <p>---</p> <p><i>Online</i></p> | <p>10:00-12:00pm</p> <p>Intensive Program</p> <p>---</p> <p><i>In person</i></p> |
| PM | <p>2:00- 3:30pm</p> <p>Skills Group</p> <p>---</p> <p><i>In person</i></p> | <p>2:00-3:30pm</p> <p>Continuing Care</p> <p>---</p> <p><i>In person</i></p> | <p>1:00-3:00pm</p> <p>Seeking Safety</p> <p>---</p> <p><i>In person</i></p> | <p>2:00-3:30pm</p> <p>Skills Group</p> <p>---</p> <p><i>In person</i></p> <p><i>Women & non-binary people only</i></p> | <p>All in-person groups take place at 985 Danforth Avenue.</p> <p>The online group is facilitated via Zoom.</p> |

Skills Group: “Drop-in” style group offered 4 times weekly. Reserve a spot for each group here: www.calendly.com/RecoveryReimagined

Intensive Program: 4-week program on Mon/Wed/Fri mornings. 1 month commitment required. New members start each Monday. Contact facilitators if interested.

Seeking Safety: Concurrent substance use and trauma group. Weekly two-hour group with 8-week commitment. Contact facilitators if interested.

Continuing Care: “Drop-in” style group offered once weekly. Open to members who have completed Intensive Program or equivalent. Speak with facilitators before signing up for your first group: www.calendly.com/RecoveryReimagined