

## Prenatal, Labour, Birth and Postpartum Care Options at MGH

**Obstetrician:** We have many obstetricians on staff with diverse and specialized skills to provide evidence based care for our patients. They provide family and patient centered care for low risk births as well as for patients with health complications or high-risk situations. They provide prenatal, labour, childbirth and postnatal care for adults, as well as other reproductive health care such as preconceptional counselling, fertility, contraceptive planning and gynaecological care. Please call the individual physician's community office directly for pregnancy care or have your family physician fax a referral for gynecological care.. **Referral is not required for prenatal care!**

<b>Dr. Helena Frecker</b> <b>Dr. Melanie Ornstein</b> <b>Dr. Elin Raymond</b> 658 Danforth Avenue, Suite 311 Toronto, ON M4J 5B9 Phone: 416-466-2360 Fax: 416-466-5076	<b>Dr. Leke Badmos</b> 2295 Danforth Ave Toronto, ON M4C 1K5 Toronto, ON M4C 3B7 Phone: 416-778-9893 Fax: 416-778-6065	<b>Dr. Angali Aggarwal</b> <b>Dr. Roberta Mackenzie</b> 855 Broadview Avenue, Suite 301 Toronto, ON M4K 3Z1 Phone: 416-901-5496 Fax: 416-901-5491
<b>Dr. Courtney Jolliffe</b> <b>Dr. Meghan Brown</b> <b>Dr. Sarah Porisky</b> 402-235 Danforth Ave M4K1N2 Phone: 647-350-2211 Fax: 647-350-2213	<b>Dr. Jennifer Cram</b> <b>Dr. Maja Gans</b> <b>Dr. Melissa Tai</b> 29 Gervais Drive, Suite 309 Toronto, ON M3C 1Y9 Phone: 416-385-3431 Fax: 416-385-1945	My notes:

**Family Practice Obstetrician:** Family physicians are a great choice for low risk pregnancies. They see patients at their clinics in various East Toronto locations. The Family Practice Obstetrics Group can be contacted at their referral line number at **416-423-8800 ext. 307** or their website: [tehn.ca/familypracticeOB](http://tehn.ca/familypracticeOB)

<b>South East Toronto Family Health Team (SETFHT)</b> "SETFHT Family Practice OB" Dr. Arianne Cohen Dr. Caitlin Fitzpatrick Dr. Stephanie Godard Dr. Neha Kanga Dr. KitShan Lee Phone: 416-423-8800 ext. 307 Fax: 416-699-7766	<b>Access Taylor Massey (HATM)</b> "HATM Family Practice OB" Dr. Caitlin Fitzpatrick Dr. Stephanie Godard Dr. Neha Kanga Dr. Tessa Wallace Health Phone: 416-423-8800 ext. 307 Fax: 416-699-7766	<b>Health Access Thorncliffe Park</b> Dr. Rajani Vairavanathan Phone: 416-423-8800 ext. 307 Fax: 647-729-9955
<b>Magenta Health</b> Dr. Heba Shamsi Phone: 416-423-8800 ext. 307 Fax: 647-689-4613	<b>Flemingdon Health Centre</b> Dr. Lisa Ilk Dr. Rajani Vairavanathan Phone: 416-429-4991 Fax: 416-422-3573	My notes:

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**Midwifery:** Midwifery care is free for all residents of Ontario, even if you do not have provincial health insurance (OHIP). Midwives are specialists in pregnancy, labour, birth and postpartum care for adults and newborns. Our midwives also staff the Early Pregnancy Clinic and the Family and Newborn Clinic at Michael Garron Hospital. Midwives consult and collaborate with obstetricians, paediatricians or other specialists when high risk complications arise. For access to midwifery care at other hospitals visit [ontariomidwives.ca](http://ontariomidwives.ca) click on “Find a midwife”



### THE MIDWIVES' CLINIC OF EAST YORK - DON MILLS

The Midwives' Clinic of East York Don Mills is located at 45 Overlea Blvd, Unit 200 Toronto ON, M4H1C3. Our midwives attend deliveries at Michael Garron Hospital, the Toronto Birth Centre [torontobirthcentre.ca](http://torontobirthcentre.ca) and at home. A team of midwives will provide home visits in the first week postpartum and will care for you and your baby for 6 weeks after your birth. Your team of midwives will be on call for you 24 hours a day, 7 days a week. Please call **416-424-1976** to book an appointment, or visit the website to complete the intake form at: [themidwivesclinic.ca/find-a-midwife](http://themidwivesclinic.ca/find-a-midwife)



**MATCH**  
MIDWIFERY & TORONTO  
COMMUNITY HEALTH



The MATCH (Midwifery and Toronto Community Health) Program is a small team of midwives and a social worker providing care for focused, priority communities at South Riverdale Community Health Centre, integrated into the primary care clinic located at 955 Queen Street East Toronto, ON M4M 3P3, 2nd floor. [srhc.ca/match](http://srhc.ca/match) The MATCH Program offers a wide variety of services related to well-gynecological and pregnancy care, including:

- Pregnancy and postpartum care for infants and adults; transfer of care to obstetrician for birth in hospital
- Postpartum care for infants born by surrogacy to LGBTQ+ families
- Medication abortion care until 11 weeks
- Miscarriage care with medications until 13 weeks
- Abortion care system navigation support to any gestation
- Pregnancy options counselling

Call **416-461-2493** to complete an intake for MATCH



### FAMILY & NEWBORN (FAN) CLINIC



The Family and Newborn (FAN) clinic offers access to postpartum care for patients and their newborns for semi-urgent concerns, or routine care for those who do not have a primary healthcare provider in the first 8 weeks postpartum. The FAN clinic is staffed by MGH registered midwives, with access to timely consultations with obstetricians, paediatricians and mental health specialists on site at MGH. The FAN clinic is open 7 days a week and is appointment-based. Same or next day appointments may be available. You can self-refer, or referrals can be made by doctors and midwives. Call **416-461-8272 ext. 6690 #** or email: [fanclinic@tehn.ca](mailto:fanclinic@tehn.ca)