's Care Guide for my Ureteric Stent

kidnes

ureter

bladde

My notes & questions

About my ureteric stent

I am leaving the hospital with a uretic stent

- A ureteric stent is a thin latex-free plastic tube that sits inside the ureter (the tube from the kidney to the bladder).
- A uretic stent allows urine to drain freely.
- A ureteric stent can be left in the ureter for several months but must be taken out or replaced if it gets blocked.

How I may feel and what I should do

These symptoms are normal

I may have side effects after my general anesthetic

- I may have nausea and vomiting. This will go away by the next day.
- I should drink lots of fluids so I don't get dehydrated.
- I should have someone with me for 24 hours after surgery.
- I shouldn't drive for 24 hours after my surgery or if I'm taking narcotics.

I may feel pain

- I may have pain in my back and sides.
- I can control my pain with Tylenol Extra Strength and Advil.
- I should talk to my surgeon if I feel I need stronger pain medication.
- I may have discomfort in my bladder when I urinate, or when I am active.

I may have changes in my urination

- I may have a little bit of blood in my urine.
- I may need to urinate more often.
- I may feel burning when I urinate.
- I may feel that I suddenly need to urinate right away.
- I may see small pieces of stone in my urine if I had kidney stones removed.
- I need to drink lots of fluids and empty my bladder often.

These symptoms are **not normal**

- I have pain that does not get better when I take pain medication.
- I have large blood clots that make it difficult for me to urinate.
- I have trouble breathing.
- I have chest pain
- My temperature is over 38.0°C.

I need to **call my surgeon** or go to the nearest **emergency department** if I can't reach my surgeon.



